



**Second-Hand Smoke.**

Some facts to take home with you.

Second-hand smoke is  
the third leading preventable  
cause of death.

The only way to avoid  
all the harmful effects  
of second-hand smoke  
in your home is to  
**ask a smoker to take it outside.**

Smoke from the burning end of a cigarette has more harmful chemicals in it than the smoke inhaled directly by a smoker through a filtered cigarette.

There are over 4000 chemical compounds in second-hand smoke. Roughly 50 of them are known to cause cancer.

Exposure to second-hand smoke can cause lung cancer and heart disease.

Second-hand smoke is particularly harmful to infants and children.

Infants exposed to second-hand smoke are more likely to die from Sudden Infant Death Syndrome (SIDS), also known as crib death.

Infants and children who are exposed to second-hand smoke are at greater risk of developing pneumonia and bronchitis, and are more likely to need hospital care.

Exposure to second-hand smoke puts children at greater risk of developing asthma.

Children with asthma who are exposed to second-hand smoke have more attacks and the attacks can be more severe.



COMMUNITY PARTNERS FOR SMOKE-FREE HOMES

For more information, please contact your public health department.

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